

Pre-Procedure Instructions for Cardiac Catheterization

1. **What to bring with you:**
 - Insurance Cards
 - A list of your medications (including dosage) or medications in their bottles.
2. **Medication Instructions:**
 - Stop taking Coumadin/Warfarin three to five days prior to procedure.
 - Do not take Glucophage/Metformin/Glucovance on the day of your scheduled procedure.
 - Take all other morning medications.
3. **Eating/Drinking:**
 - Do not eat/drink anything after midnight if your procedure is between 7AM and 10AM.
 - Light breakfast if your procedure is between 11AM and 4PM.
 - Take water with morning medications on the day of the procedure.
4. **Day of procedure instructions:**
 - You may brush your teeth and gargle.
 - If you wear contact lenses, please leave them at home and wear glasses.
 - Do not bring any valuables, i.e. jewelry, check book or more than \$10 in cash.
5. **Special points for diabetics:**
 - Take ½ the dose of any anti-diabetic medicine or insulin on the day of your procedure.
 - Do not take Glucophage/Metformin/Glucovance on the day of your scheduled procedure.
6. **What to expect:**
 - Potential delays due to unscheduled emergencies.
 - A potential overnight stay based on the outcome of your procedure