

Instructions for Arrhythmia Procedures

Cardioversion

If taking Coumadin (Warfarin), continue to take your medication as usual. You must have your INR level checked 1-2 days prior to procedure.

Tilt Table Test

Nothing to eat or drink the morning of the test. Bring a light snack to your appointment.

Instructions for the following tests/studies/procedures

- Electrophysiology Studies (EPS)
- Non-Invasive EPS (NIPS)
- Defibrillator Threshold (DFT)
- Ablation
- Cryo Cath Ablation
- Pacemaker Implants
- ICD Implants
- Lead Revisions
- Battery Changes

- Bloodwork is to be done 1 week prior to the test.
- Nothing to eat after midnight the night before the test.
- Bring all medications to Beth Israel Medical Center – EPS Lab on the day of the test.
- Stop taking the following medication(s) before your procedure:
- **Medications:**
 - Sotalol - 3 to 4 days before
 - Coumadin (Warfarin) – 3 to 4 days before
 - Beta Blockers – 5 to 6 days before
- If you are on Aspirin (Ecotrin) please continue taking medication, until physician says otherwise.
- If you are diabetic and take Insulin, take ½ of your AM dose. Notify the EPS Lab if you take Glucophage. Do not restart taking Glucophage after the exam until instructed by the physician.
- There is a 5 to 6 hours recovery time after the Electrophysiology procedure.
- Bring your insurance card with you to the hospital on the day of the exam.
- Notify the Electrophysiology Lab if you have any allergies to Iodine or shellfish, or if you have asthma prior to the exam.